

Professional Presentations and Publications by Dr. Milspaw

I have presented at national conferences as well as offered trainings for local counseling groups, physical therapy offices, medical schools, and physicians' offices. Below is a list of professional presentations and trainings I have provided. I would welcome the opportunity to earn your trust and deliver the best training in the area for the topics listed below. Please contact me for details on providing trainings and consultations for your organization.

PUBLICATIONS

Topics in Geriatric Rehabilitation Journal

Milspaw, A., Brandon, K., & Sher, T. (2016). "Including Sexual Function in Patient Evaluation in the Rehabilitation Setting: Considerations for the Geriatric Population". *Topics in Geriatric Rehabilitation, Special Edition on Sex and Aging*. Volume 32(2): 149-228. <http://journals.lww.com/topicsingeriatricrehabilitation/pages/currenttoc.aspx>

Healing the Pain Down There, DVD, www.paindownthere.com

Guided Meditations for Mindful Living, CD, www.amazon.com

PRESENTATIONS

Mindful Lawyering, Pennsylvania Bar Institute, December 2016

American Association for Justice, Boca Raton, FL - February 2016

www.justice.org

- "Mindfulness-Based Stress Reduction: Tools for Success" - lecture

International Pelvic Pain Society Conference, San Diego, CA - October 2015

www.pelvicpain.org

- "Healing Painful Habits: Mindfulness-Based Cognitive Therapy" - lecture
- "Talking about Sexual Health with Your Patients" - all-day training for healthcare professionals with Tracy Sher and Holly Herman

Alliance for Pelvic Pain, New York, NY – May 31-June 1, 2014, May 20-22, 2016

www.allianceforpelvicpain.com

- o "The Neurobiology of Trauma and Pain Processing"
- o "Chronic Pelvic Pain and Sexuality"
- o "Mindfulness-Based Stress Reduction"

Center for Humanistic Change, Allentown, PA - Fall 2013

- "Trauma in the Adolescent Population: Understanding the Neurobiology of Recovery"

Beyond Basics Physical Therapy, New York, NY - August 15, 2013

www.beyondbasicsphysicaltherapy.com

- "Mindfulness-Based Stress Reduction for Pain Management"

Alliance for Pelvic Pain, Bethlehem, PA – April 27-28, 2013

www.allianceforpelvicpain.com

- o “The Neurobiology of Trauma and Pain Processing”
- o “Chronic Pelvic Pain and Sexuality”
- o “Mindfulness-Based Stress Reduction”
- o “Integrative Modalities”

University of Scranton Medical School, Scranton, PA

- o Presentation, March 16, 2012 – “A Brief Overview of Human Sexuality within Human Development”
- o Presentation with Robert J. Echenberg, MD, October 2011 – “The Etiology of Chronic Pelvic Pain: Diagnoses and Treatment Options”

Penn State University, Pottstown, PA

- o Presentation, February 9, 2012 – “Mindfulness-Based Relaxation: Increasing Intimacy and Sensuality in Relationships”

Lehigh Valley School Nurses Association, Allentown, PA

- o Presentation with Robert J. Echenberg, MD, January 23, 2012 – “Chronic Pelvic Pain: Early Warning Signs in Young Women and Girls”

Lehigh University, Bethlehem, PA

- o October 28, 2013, "Sexual Health Counseling for Chronic Pain Clients: Utilizing the ISIS Wheel" - presented to undergraduate students in Women's Health course
- o March 17, 2013, “Group Therapy Facilitation for Specialty Populations” – presented to graduate level counseling psychology students
- o October 17, 2012, “Chronic Pelvic Pain & the Female Athlete” – presented to Sports Medicine faculty and female athletes
- o January 30, 2012, “Psychological Stressors and Influences on Women Coping with an Unplanned Pregnancy”
- o Spring 2011, “Sexual Violence, Relationship Violence, and Abortion”
- o Spring 2010, “Human Sexuality Professions, Passions, and Experiences”
- o Spring 2010, “Sexual Orientation & Adult Sexual Relationships”
- o Fall 2009, “Holistic Approaches to Empowering Survivors of Sexual Assault”

National Conference on Sexual Assault in Our Schools, Orlando, FL

- o Presentation, 2009 – “Holistic Approaches to Empowering Survivors of Sexual Assault”
- o Presentation, 2007 – “Campus Rape Culture: A Cross-Cultural Analysis”